

PROGRAM OVERVIEW

MBF Teen Safety Matters® is a comprehensive, evidence-informed prevention education program for middle school students in grades 6 - 8 and high school students in grades 9 - 12. The program addresses emotional, physical, and digital safety, and teaches students and adults how to prevent, recognize, and respond appropriately to the four types of child abuse (physical, emotional, sexual, neglect), exploitation/trafficking, sexual assault, relationship abuse, bullying, cyberbullying, and digital dangers.

BASED ON RESEARCH

- Comprehensive program teaches 5 Safety Rules following the recommendations of polyvictimization research to teach universal strategies that protect children and teens from all types of victimization
- Uses active learning strategies and reinforcement materials
- Age and developmentally appropriate

PRACTICAL FOR SCHOOLS/ORGANIZATIONS

- Easy to implement with just two 55-minute fun and engaging classroom lessons (can be presented in four shorter lessons)
- Cost effective for schools and organizations partnering with schools
- Uses a standardized curriculum with Facilitator Scripts and classroom PowerPoint presentations
- Can be implemented by a variety of professionals (school counselors, teachers, health educators, nurses, coaches, local community partners, such as child advocacy centers, etc.
- Certified Facilitators are trained prior to implementing program in classrooms via live or online training options

HELPS SCHOOLS MEET STATUTE/POLICY REQUIREMENTS

- Helps schools meet many required bullying, child safety, and child abuse prevention requirements
- Aligned with many Common Core Education Standards
- Helps schools meet many required Health Instruction Standards
- Aligned with American School Counselor Association's Mindsets and Behaviors for Student Success

SUPPORTED BY EXPERTS & PARTNER ORGANIZATIONS

- Erin Merryn (Founder of Erin's Law)
- David Finkelhor, Ph.D., Director, Crimes Against Children Research Center, University of New Hampshire
- Sameer Hinduja, Ph.D., Director, Cyberbullying Research Center
- Darkness to Light
- National Educators to Stop Trafficking (NEST)
- Florida Office of the Attorney General
- Florida Governor's Office
- Florida Department of Education
- Approved by many state Departments of Education





PROGRAM MATERIALS

MBF Teen Safety Matters® is an easy-to-implement, practical program that includes materials for students, school personnel, and parents/guardians.

MATERIALS FOR STUDENTS

- Two PowerPoint classroom lessons for middle school students in each grade, 6-8, and all students in high school, grades 9-12, with fun, engaging activities, videos, and games
- Class notes and home learning worksheets
- Student take-home reinforcement items for each lesson

MATERIALS FOR FACILITATORS/SCHOOLS

- Online Certified Facilitator Training (Required prior to implementing program)
- Digital access to all curriculum materials via password-protected Facilitator Portal, including:
 - Safety Checks (pre- and post-tests, instructions, and answer keys)
 - Staff and parent PowerPoint presentations
 - Safety Briefs for administrators, teachers, and school staff/PTA
 - Additional Safety Briefs on relevant topics, such as child maltreatment, educational standards alignment, bullying/cyberbullying, digital safety, school counseling alignment, and more
- Additional materials available, including:
 - Curriculum Book and Flash Drive
 - Safety Rules Banner for school
 - Safety Rules Posters for classrooms

MATERIALS FOR PARENTS/GUARDIANS/SAFE ADULTS

- Parent Welcome & Opt-Out Forms
- Parent Information & Activity Sheets
- Safe Adult Bookmarks
- Parent/Safe Adult materials available in several foreign languages

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ADDITIONAL INFORMATION AND RESOURCES

- Website, www.mbfpreventioneducation.org, with information and resources for parents/guardians, educators, other professionals, and community members
 - Online professional development courses
 - Safety Briefs
 - Lesson plans
 - Additional school, classroom, and home activities
- Mobile app, "Child Safety Matters," available at no cost from the App Store or Google Play, teaches parents and professionals how to better protect children